

The image features a vibrant red background with a pattern of overlapping circles in various shades of red. A white rectangular box with a thin red border is centered horizontally. Inside this box, the word "SATISFIED" is written in a thin, red, uppercase, sans-serif font. The letters 'S', 'I', 'F', and 'D' are each enclosed within a thin red circular outline, while the letters 'A', 'T', 'S', and 'E' are not.

SATISFIED

Before We Begin |

It's easy to look at our lives, relationships, marriages, friendships, singleness, etc. and see only what is lacking. Our hearts naturally become discontent and unsatisfied. As Christ followers, we know satisfaction comes only from the Lord. As you pursue Him and carry out His purpose for your life, satisfaction is discovered. From there, the fully satisfied heart will overflow to other areas; dating, marriage, jobs, friendships, finances, family, parenting. In the next four weeks, let's unpack the satisfied life together.

As we begin, read 2 Samuel 11 & 12.

Week One |

Big Idea ::

When I live in my desires and not His, I step out of God's best for me.

Scripture ::

- 1 Samuel 23:1-5
- 1 Samuel 30:8-9
- 2 Samuel 8
- 2 Samuel 5:19

Discussion Questions ::

- How did David experience victory when he was walking in obedience?
- How did David stay focused on where God was leading him?
- David was satisfied by being in the presence of the Lord. Where in your life does that not seem like "enough"?

Scripture ::

- 2 Samuel 11:1 -4 [ESV]
- Psalm 16:11
- Proverbs 4:23

Discussion Questions ::

- Where was David during the time of war? What is the significance of his decision?
- How did this decision set the stage for the rest of the story?
- How do you see David's dissatisfaction spur on his choices?
- How have you seen distractions and dissatisfaction in your own life keep you from furthering kingdom work?

- Where are you making exceptions to obedience in order to pursue your own desires?

Because David chose to ignore his God-given duty, he put himself in a difficult, yet, avoidable situation. David got bored with what the Lord had for him and went looking for something he thought was “better.” When he stayed back from the war, he was saying, “I know better where I need to be than God does.” It was a small act of disobedience that snowballed into even more disobedience. Thus, is there such thing as “small” disobedience?

Prayer Focus ::

Ask God to reveal areas in you and your life group where preferences, desires and comfort are reigning over your decision making. Ask God to search your heart and show you if there is any disobedience in you. Name those things, repent, and confess your need for Him.

Next Steps ::

In 2 Samuel 11:2, David was on the couch till late afternoon when he decided to go on a walk. Did the word “couch” stick out to you? Or did the phrase “late afternoon”?

This week: take 30 minutes to an hour that you would normally spend on the couch or in bed hitting snooze and do something different. Ask the Lord what He want you to be a part of. Then, go do it!

At life group, split up and tell your story or what you discovered. What did you do? What did you learn?

Week Two |

Big Idea ::

Your relationship with the Lord and how you respond in obedience or disobedience affects those around you.

Scripture ::

- 2 Samuel 11:5-11

Discussion Questions ::

- How could David have protected himself from temptation?
- Why didn't Uriah go home? What do you learn from his act of obedience? From his character?
- David called Uriah away from the presence of the Lord [the ark - vs. 11] because of his own sin.

How have you experienced someone, or yourself, walking in disobedience and that affecting another?

- We are all compelled by something. In this past week, what has compelled your thoughts and actions?

As we talked about in the reLaunch series, we can feed the flesh or the spirit. What we choose feed will not only affect self, but influence the people around us. [Romans 8:5-6, Galatians 5:16]

Scripture ::

- 2 Samuel 11: 12-17

Discussion Questions ::

- What is a marker in your life that pops up when you know you are doing something you shouldn't? Can you share this with someone? Is there a way he /she can help keep you accountable?

- How does the understanding that everything we have done, or thought is known and seen by God shape your relationship with Him? Does that manifest in other relationships?
- [Psalm 94:7-9, Psalm 139:2-4, 12, Hebrews 4:13]
- David seemed so calloused to the effects of his decisions on others. How have you seen this in your own life? What does it take to make you care?
- [Proverbs 19:23, Romans 2, Ecc 12:13, Job 28:28, Psalm 33:8, Psalm 86:11, Proverbs 2:1-6]

When Adam and Eve first sinned, their first inclination was to hide - the same is true with David. His first reaction was to hide from the eyes of men, to cover it up. He believed that if no one “saw”, no one would know. As he continued hiding, he continued sinning. He lost the ability to see his actions for what they were. Do you notice this in your life?

Prayer Focus ::

Ask God to reveal to you ways that you are hiding in disobedience.

Ask for Him to unveil your eyes and your heart to what hiding can cause in your life and those around you.

Next Steps ::

Where in your life were you trying to hide? Share with a friend about the revelation and allow the power of confession and conversation set you free.

In life group this week, split off in groups of two and share about this experience.

** This is going to take some gumption and vulnerability. Will you commit to do this anyway?

Week Three |

Big Idea ::

Everything we do is an act of worship - what we choose to worship is up to us.

Scripture ::

- 2 Samuel 11:18-27.
- Colossians 3:1-11

Discussion Questions ::

- What was David worshipping?
- How does self-preservation harm David? How does it harm those around him?
- Is there anywhere in your life you are worshipping something other than God?
- The men and women around David trusted him as their leader because they had seen the evidence that God was with him. They believed he was pursuing God with his whole heart.
- Who are you leading?
- Who / what are you leading them to worship [intentionally or unintentionally?]
- We want to choose the good portion, and we want to lead others to do the same. [Luke 10:38-42]
- Deep down in David, there was a lie in his heart that God was withholding something from him. Is there something in your life that you believe God is withholding?

Prayer Focus ::

God has written a story for each of us - a perfect story. However, as man's will and sin entered in the garden through Adam and Eve, our need for God and His redemption story began. Pray that in the pursuit of making all things new, as your faith is stretched, it brings about a perseverance that leads

to maturity and that then becomes a foundation for ministry to others that will walk through similar struggles. Ask God to reveal those people around you who need to hear about God's plan of redemption through your story. Then, share it with them!

Next Steps ::

Do you believe that you can change an atmosphere with your attitude and voice? We each have a sphere of influence [or a context] where we have been placed to lead people to the King of Truth or the Father of Lies.

Ask God for the supernatural ability to read the room.

Ask God for the words or the actions that will be a reminder of the redemption story.

Step in and say those things or do those actions and watch the room shift.

In life group this week, share about this experience.

Week Four|

Big Idea ::

Once we have experienced the freedom in repentance, we can't help but want to lead others to the same place.

Scripture ::

- 2 Samuel 12
- Psalm 51

Nathan, a seemingly average man, was invited to be a light for David in his darkness. What an honor, but also, what a daunting task. Being used by God to reveal truth sounds like a scary invitation; but just as God is inviting you to bring light to darkness, He is preparing the darkness for transformation.

Discussion Questions ::

- How did God use Nathan to convict David of his cycle of sin?
- What does David do when he recognized his sin against God? How are we to react?
- What is Nathan's instruction to David after he repented?
- When David heard what Nathan said, he was quick to judge the man in the story and accuse him. How have you been quick to see sin in others but not yourself?
[Romans 3:23, Matthew 23:23-24; Matthew 7:3; 1 John 1:8]
- Who has God put in your life for you to walk alongside through sin, conviction, and repentance?
Make it a habit to ask God how He wants to use you in the lives of those around you.

Prayer Focus ::

We can easily allow satan to use guilt and shame to encourage us to stay silent and alone. Pray against the schemes of satan

and ask God to bring light to the darkness in your life however He sees fit.

Next Steps ::

1] Become a cycle breaker.

Jesus entered into each of our lives and broke the cycle of death with life. How can you do the same for the people around you?

This week, enter into conversations with your friends, significant others, coworkers, spouses....etc. with the thought "one day they will stand before the Father...I want them to hear "Well done good and faithful servant!"? How did that thought shift the conversation?

2] Who around you isn't in community? Invite them to join yours.

This can be dinner with a neighbor, bowling with a new friend from school, a block party for your street, or an invitation into your life group. We are all better together, so let's start making moves to align that truth with our actions!

In life group this week, share about these experiences.

Summary ::

Satisfaction comes only from the Lord. As you pursue Him and carry out your purpose to worship the Savior and glorify His name you will find satisfaction. From there, the fully satisfied heart will overflow to other areas; dating, marriage, jobs, friendships, finances, family, parenting...etc.

Are you willing to go to battle against the lies of this world that say that satisfaction comes from getting what you want?

Link arms with those around you who answer yes and throw on that battle gear. We must be willing to go to battle in order to experience the victory God has for us.

